

# Got a Minute?

By Don Aslett

*Taken from Don Aslett's book, "No Time to Clean: How to Reduce & Prevent Cleaning the Professional Way"*

## **Transform your home in ... minutes.**

Think of the old "drip of water" mystery ... tiny little drips of water, coming seconds or even minutes apart, will soon fill a large bucket. When you think about it, most cleaning "acts" can be done in seconds, and some of even the major ones in minutes — we don't really need days anymore.

Just for fun, assuming our cleaning gear is handy, let's look at how long some common household tasks actually take:

- \* Make a bed in 2 minutes (or less).
- \* Vacuum an average room in 4 minutes.
- \* Remove a fresh spot in 3 to 5 minutes.
- \* Sweep the average floor in 3 minutes.
- \* Clean a bathroom in 3 1/2 minutes (if you clean it regularly).
- \* Do two people's worth of dishes by hand in 3 to 4 minutes.
- \* Put in a load of wash in 2 minutes (if it's been presorted and pretreated).
- \* Fold a dryerful of clothes in 5 or 6 minutes.
- \* Clean the kitchen cabinet fronts in 9 minutes.
- \* Clean a light fixture in 2 minutes.
- \* Wash down a door (both sides) in 3 minutes.
- \* Dustmop a floor in 2 minutes.

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